



SPORTS MEDICINE CHECKLIST

HAVE NEED

Alcohol

Ammonia Capsules

Analgesic Balm

Antiseptic Towelettes

Band Aids, 1" x 3"

Band Aids, LG,2"x3"

BRACES & SUPPORTS

Ankle Brace

Knee Sleeve-Closed Patella

Knee Sleeve-Open Patella

KneeNeoprene Hinged

Knee Patellar Support

Butterfly Closures

Cinder Suds

Cold Pack, Instant

Cold Spray

Cotton tipped Applicators

De-Hesive Spray

Elastic Wrap, 2"

Elastic Wrap, 4"

Elastic Wrap, 6"

Eye Drops

Eye Wash, Sterile

Firm Grip

First Aid Kit, JV

First Aid Kit, Varsity

HAVE NEED

First Aid Spray

Foam Rubber Kit

Foot Powder

Fung-O-Spray

Gatorade

Gloves, Latex

Heal & Lace Pads

Ice Bags

Insect Spray

Insect Swabs

Iodine Swabs

Moleskin

Nitrotan

Ointment

PAIN RELIEVERS

Acetaminophen

Asprin

Ibuprofen

Scissors

Skin Lube

Splints

Sterile Gauze Pads, 3"x3"

Sterile Gauze Pads, 4"x4"

Tape Adherent

Tape Cutter

Tape Remover

HAVE NEED

Tape Underwrap

Tape, 1 1/2" Z.O.

Tape, Elastic

Towels

Tuff-Skin

Blood Buster

Second Skin

Sport Wash